

LEADERSHIP LAB

Facing your fears so you can lead
a purpose-driven life

Tricia Bolender
Unite For Sight 2019

FEARS

1. Fear of failure / being “found out” / inadequate / not “enough”
2. Fear of shining too brightly (“who do you think you are?”)
3. Fear of being “seen” and judged by others / what others think
4. Fear of being unloved and alone / not belonging / kicked out of tribe

**“COURAGE STARTS WITH
SHOWING UP AND LETTING
OURSELVES BE SEEN”**

BRENE BROWN

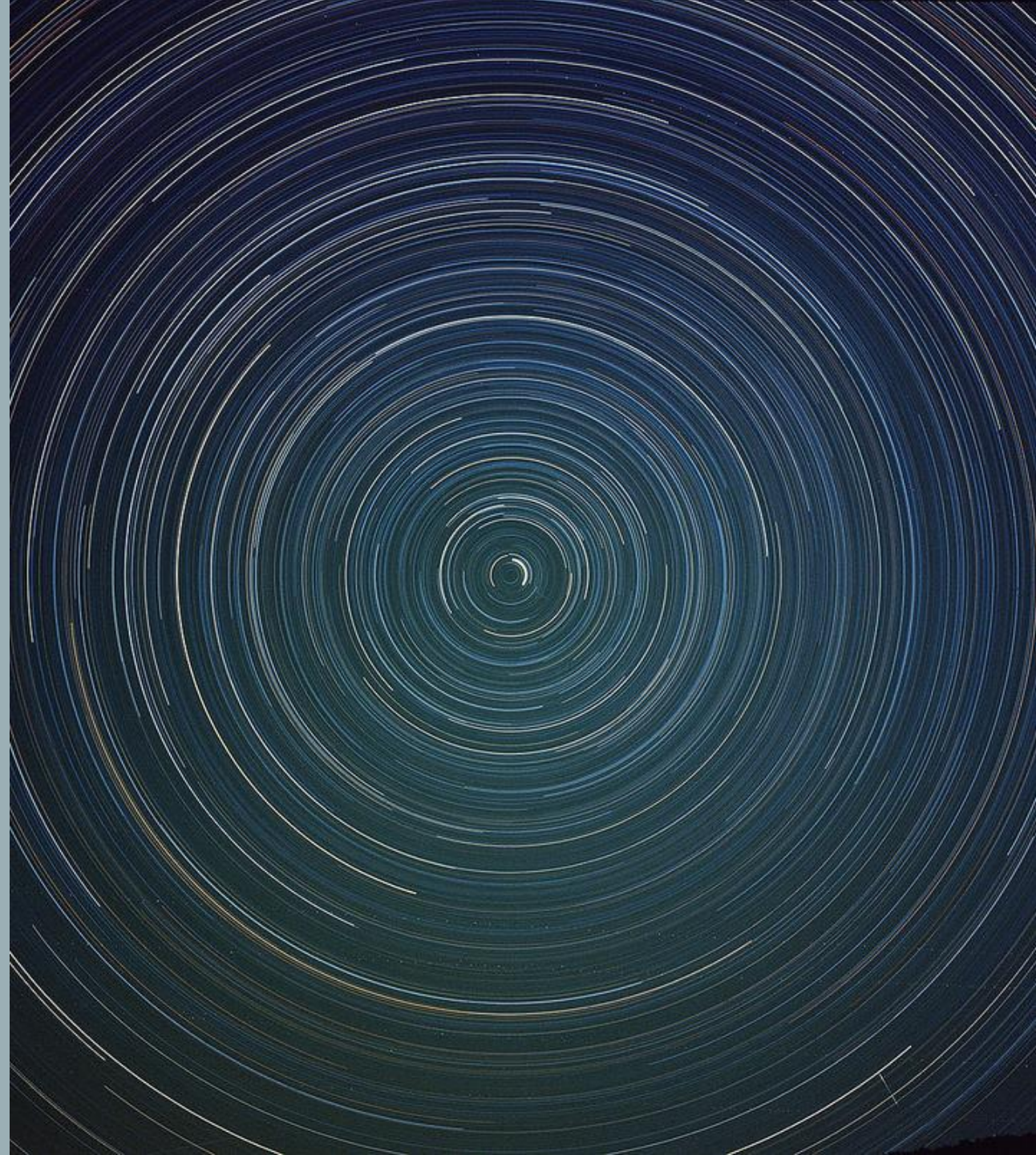
STAND UP!!!

1. Fear of failure / being “found out” / inadequate / not “enough”
2. Fear of shining too brightly (“who do you think you are?”)
3. Fear of being “seen” and judged by others / what others think
4. Fear of being unloved and alone / not belonging / kicked out of tribe

BETWEEN STIUMUS AND
RESPONSE THERE IS A
SPACE... IN THAT SPACE IS
OUR POWER TO CHOOSE
OUR RESPONSE.

IN OUR RESPONSE, LIES
OUR GROWTH AND OUR
FREEDOM.

- VIKTOR FRANKL



REACH OUT!!

TRICIA.BOLENDER@GMAIL.COM